

## Lake Region Youth Baseball - Pitching Rules

Instructions:

1. The record for each pitcher used in a regular season and playoff game shall be entered on the attached form. This record must be completed immediately following each game and signed by both coaches as this will determine the eligibility of each pitcher.

2. Pitching Limitation Rules for Majors and Minors is based on the number of pitches thrown in a game. The pitch count is based on pitches thrown for strikes, Balls, and foul balls. The use of an ineligible pitcher shall result in forfeiture of the game in which the ineligible pitcher participated. The following is the number of allowable pitches and days of rest needed for Majors and Minors.

League	Max Pitch Count	Pitch Count / Rest Days
Majors	85	0 - 20 pitches = 0 days off
		21 - 35 pitches = 1 day off
		36 - 55 pitches = 2 days off
		56 - 85 pitches = 3 days off
Minors	75	0 - 15 pitches = 0 days off
		16 - 30 pitches = 1 day off
		31 - 49 pitches = 2 days off
		50 - 75 pitches = 3 days off

\* Note - If a player pitches the into the maximum range on Monday they can not pitch again until Friday of that week. This would equal 3 days off.\*

\*\*Note - A pitcher can finish the last batter they are facing if they reach the max pitch count during the at bat.\*\*

3. The Coach and/or Manager shall carry this form to all games and shall present it to the opposing coach at the conclusion of the game for their signature.

4. Coaches, without the form, have the responsibility to submit the correct form to the previous opposing coach. Coaches must notify their Town Rep. or League President if the opposing Coach does not have the correct form.

**\*Coaches who do not have their pitching chart with them during the regular season will be given a warning. The 2nd offense would result in forfeiture. During the playoffs a team without their pitching chart would result in forfeiture.\***